HOT in TEXAS
The Best Of Issue

AUSTIN, water, float SPA, PADRE, BARBECUE, STYLE, WEDDINGS, yellow golf, HOMES, margaritas, DALLAS HOT sauce, FORT WORTH, SIPPING CHEF, SUN VALLEY, ROADIES, Ponte Vedra Mom’s gifts, Houston, Dad’s gifts, DOGS, skincare, San Antonio WELLNESS, swimsuits, Sean Flanery
Hot Skin, Cool Beauty

A How-To Guide for Surviving the Texas Summer, Beautifully!

1. The multi-purpose Rose Butter Facial Balm from Kensington Apothecary dissolves stubborn make-up, softens fine lines and locks in precious moisture. Made with cupuacu and mango butters and blended with coconut and rose oils, it can work as a skin cleanser, deodorant, lip balm and even hair de-frizzer—what more could you ask for? $25 | KENSINGTONAPOTHECARY.COM

2. Nothing heals or relieves inflamed tissue better than aloe vera. Whether it’s sun-exposure, burns or exposure to radiation, Farmasesthetics Cool Aloe Mist offers instant relief as well as preventing further drying, flaking or toughening of skin tissue. $26 | FARMASESTHETICS.COM

3. Seal in the tint of your sun-kissed skin with coconut and lime-scented Key West Aloe Save A Tan. This after-sun moisturizer uses aloe vera to replenish moisture and prevent peeling. $6-$25 | KEYWESTALOE.COM

4. Ultrasmooth emerginC scientific organics coconut-argan body oil is made with 100% natural botanical extracts to help replenish and lock-in moisture for a radiant glow. $54 | EMERGINC.COM

5. Amarte Overnight Express Therapy is a lush, multi-functional sleeping mask made with retinol, propolis and silk extract to boost brightness, tightness and clarity. Wake up to skin that’s more supple and renewed. $79 | AMARTE.COM

6. Here comes another innovative cream from Korean Mizon Black Snail All in One Cream. Made with 90% black African snail extract, it’s a unique, all-natural, cruelty-free way to get smooth, rejuvenated skin. $14.99 | BEAUTEQUE.COM

Hot Skincare Tips from dermatologist
Dr. Ted Lain

- Cowboys know their stuff! A wide-brimmed hat gives your nose an SPF of 7 whereas a ball cap gives your nose an SPF of just 1.
- Shot glasses aren’t just for tequila. Visualize a shot glass full of sunscreen and apply that much sunscreen (in SPF 35 or higher) every two hours to your entire body.
- Sunglasses are more than a fashion statement. They protect the eyelid skin and prevent formation of early cataracts. Did you know people raised in Texas are likely to need reading glasses earlier than folks raised in northern parts of the U.S.? ATXDERM.COM