BABY’S HERE—NOW WHAT?
The first 72 hours after birth

SURVIVING MORNING SICKNESS
...and fatigue
...and acne

5 diet changes for pregnancy

FORMULA FOR SUCCESS
The new parent’s guide to bottle-feeding

IT TAKES TWO
Just-for-fun mommy & me playdates

SMALL SPACE GEAR

NATURAL CHOICE
Deciding to deliver drug-free

Suit up your beach babe

SCAN NOW FOR SPECIAL OFFERS!
Happy hour

BELLY UP TO THE BAR FOR A ROUND OF COCKTAIL-INSPIRED BEAUTY CONCOCTIONS.

PRODUCED BY ERIN SHEA LONG

Apple of your eye martini
Undo the effects of the day, and refresh skin's clarity and suppleness with green apple extract. Tony Moly peeling cream, $14, beauteque.com

Manhattan on the rocks
Try a bourbon-infused pomade to create an eye-catching coif for your next night out. John Masters Organics hair texturizer, $22, johnmasters.com

Red, red wine
Give excellent lip service in glossy spiced merlot. BUXOM lip gloss, $20, sephora.com

Sake to me
This gel moisturizer contains sake to hydrate, brighten and firm. boscia balm, $46, boscia.com

Cape Cod crimson
Polish a pretty hand in cranberry. Crabtree & Evelyn nail polish, $8, crabtree-evelyn.com

Morning mimosa
Get your daily dose of vitamin C to smooth out lines. Ole Henriksen serum, $58, olehenriksen.com

Sweet strawberry daiquiri
Gently exfoliate with this salicylic acid wash postpartum to enjoy clearer skin and a fruitful dose of antioxidants. Eminence Organic Skin Care dermofoliant, $48, buynaturalsskin care.com

Water for me, please
Stick with H2O-based tonics that hydrate and balance complexions.

Decleor cleanser, $35, decleorusa.com

Garnier makeup remover, $9, ulta.com

Garnier Micellar Cleansing Water

Farmaesthetics purifying spray, $20, farmaesthetics.com

Cost Plus World Market bar cart, $150, worldmarket.com